LOGIE & ST. JOHN'S (CROSS) PARISH CHURCH NEWSLETTER: 11th February 2024

WEEKLY SUNDAY SERVICE at 11am MINISTER: REV. G. MACLAUGHLAN M:07507 710 871

E: <u>GMaclaughlan@churchofscotland.org.uk</u>



Radio Scotland's 'Thought for the Day' contributor pointed out that we are in awards season – BAFTAS, GRAMMYS, OSCARS – actors, musicians and artists are praised and recognised for their work. For those of us of no celebrity status it's pleasing to be recognised by others, comforting to know that others are thinking of us. Being kind costs nothing and for the recipient of that kindness knowing that someone is paying attention to them can mean such a lot. As the radio contributor quoted:

'Anxiety weighs down the heart, but a kind word cheers it up'. Proverbs 12:25

SUNDAY 11th February 2024

This Sunday, our service at 11am will be in the Hall. Grant will lead worship and this week's theme is 'Fighting and Surrendering'.

Reading: James 3:13 - James 4:12

Please stay afterwards for further fellowship with refreshments.



CONGREGATIONAL ROLL

On Sunday you will have the opportunity to check that you are included on the roll. A printed list of the existing membership will be available to check. If you discover that you are not listed and would like to be then you will have the opportunity to have your name and details added.

SINGING AT EASTER

January is over and your vocal chords have been given a rest after performing in our ad-hoc choir at Christmas so it is time to now begin to rehearse for Easter.

If you are interested in taking part in the choir then please join the rehearsal immediately after the service on Sunday. Bill McLean is always looking for new members so even if you haven't sung in the choir before you can join this time.



PASTORAL CARE

If you or someone you know would benefit from pastoral care, please contact Grant. M:07507710871 or E: <u>GMaclaughlan@churchofscotland.org</u>

As a recommendation from the 'In' Group, the Kirk Session has agreed to the formation of a Pastoral Care Team and in the near future more information will be shared with everyone.

THIS WEEK

Tuesday 13th February: 2pm "Connect with the Bible" in the Session Room. Tuesday 13th February: 7.30pm 'Resilient Faith' group meeting. Wednesday 14th February: 2 – 4pm. The Guild Thursday 15th February: 1 – 3pm. Sinderins Community Hub.

EXERCISE CLASS

Friday at 11am in the Hall After some months as a men's gentle exercise class the Friday morning exercise class is now available to everyone.

It's led by a female instructor and is a session of gentle exercises to keep joints moving and stretch some muscles. A few are done standing and walking forwards and backwards for balance.

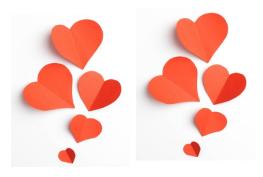
VALENTINE'S AFTERNOON TEA

A Valentine's Afternoon tea has been planned for **Sunday 18th February**, **2.30pm at Balgay Bowling Club** This event is for those who are 'young at heart' or maybe on their own (but not exclusively).

If you would like to attend please let Fiona Marshall, Lesley Mays or Margaret Vernon know.

Donations, if desired for Alzheimers UK

FOR THE YOUNG AND YOUNG AT HEART Find the correct path through the heart below. Write the words in order, as you find them, on the lines below. LOV Matthew 22:37 http://www.calvarywilliamsport.com/images/mazeacti.gif (م)



FOODS & GOODS

The larder continues to be popular. Many thanks to those who have donated over the past months. Funds are now almost exhausted so please continue to leave a few items in passing if you can. Packeted items should go in the plastic, lidded boxes. Elizabeth hopes to have Easter cards on sale throughout March to once again raise funds again for 'Foods & Goods' so look out for that.

And many thanks to Caroline Turnbull who faithfully 'curates' the larder ensuring we continue to offer this support to our community.