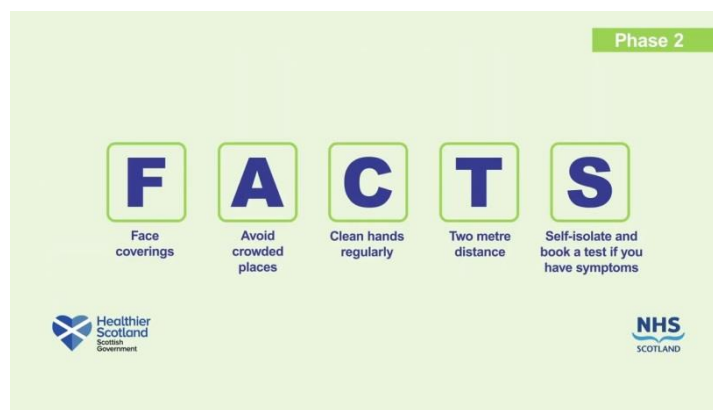




## **LOGIE & ST. JOHN'S (CROSS) PARISH CHURCH**

### **NEWSLETTER No.19**

Some of us have been lucky enough to venture beyond our neighbourhood in the last week or so but still with a degree of trepidation. Thankfully, in Scotland, coronavirus seems to be less prevalent than it was at the height of lockdown but we mustn't become complacent. We don't need to look far to see what happens when people forget about the safety factors we still need to adhere to. The Scottish Government, like all of us, hope that we will not see a 'spike' in the number of positive cases in coming weeks and are reminding us daily to stay safe and remember FACTS



And maybe this prayer is apt:

Lord, we know that you are caring and compassionate.  
We ask for your blessing on each and every one of us.  
We pray that you will fill us all with the spiritual strength,  
humility and wisdom to act with sense and clarity.  
Let us act selflessly and tirelessly as we aim to achieve calm at this time.  
AMEN

### **WORSHIP**

As it is the first Sunday in the month our worship will be lead, again, by Rev.Anita Kerr. You can hear Anita's words and join this Sunday's worship from 11am. As ever, you will find this week's offering at [www.logies.org](http://www.logies.org).



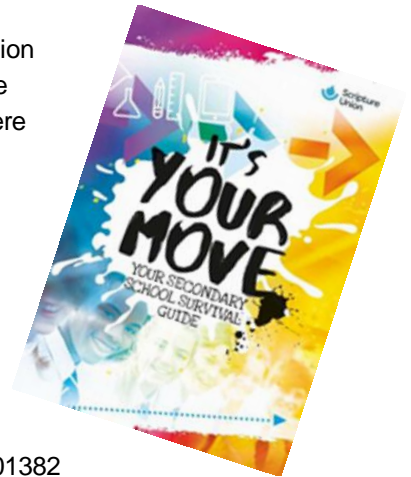
Zoom Connect coffee and chat continues each Sunday at 11.45am. Details on how to join are on the website. (Remember to bring your own cuppa ☺)

### **PASTORAL CARE**

If you are, or know of anyone else, in need of immediate pastoral care please contact our Session Clerk, Mike Duffy by emailing [sessionclerk@logies.org](mailto:sessionclerk@logies.org)

## **IT'S YOUR MOVE**

'It's Your Move' is a Scripture Union publication helping children make the transition from primary to secondary school. It is made up of helpful information and advice for children. Also included are real-life stories of children who are about to make the move and those who have made it in the recent past. There are puzzles, quizzes and places to personalise the book through doodles, signatures, photo pages etc.



As school's began their summer holiday we highlighted that we had purchased some of these books to help P7 pupils with their transition to secondary school. They have been well received by some young people but there are still some copies available so if you know of anyone moving on to secondary school, please take a book from the box by the wayside pulpit in Blackness Avenue, or they can be delivered/posted if you contact [administrator@logies.org](mailto:administrator@logies.org) or leave a message on the church answerphone 01382 668514.

## **FOR OUR YOUNG MEMBERS (AND YOUNG AT HEART)**

No specific activity this week but a suggestion that you have a look at this:

<https://outofthebox.me.uk/rooted-family-series/>

## **AND FINALLY....**

Earlier in this newsletter we spoke about staying safe when out and about. As a result of receiving some 'rogue' emails appearing to be from people known to me, we want to raise awareness of staying safe and secure online. The following advice comes from the UK Government's National Cyber Security Centre website and has been collated for us by Ramanee Bengough. Criminals want to convince you to do something which they can use to their advantage. In a scam email or text message, their goal is often to convince you to click a link. Once clicked, you may be sent to a dodgy website which could download viruses onto your computer, or steal your passwords and personal information.

Spotting scam messages and phone calls is becoming increasingly difficult. If you are not sure, then go to something you **can** trust. Visit the official website, log in to your account, or phone their advertised phone number. Don't use the links or contact details in the message you have been sent or given over the phone. Check to see if the official source has already told you what they will never ask you. For example, your bank will have told you that they will never ask for your password.

Visit this page for more information - <https://www.ncsc.gov.uk/guidance/suspicious-email-actions>

### **6 Top tips**

1. Create a separate password for your email.

If someone gets your email password, then they can start to access your accounts on other websites.

2. Create a strong password using three random words

The longer the password, the harder it is to be guessed.

3. Save your passwords in your browser

You can save passwords in your browser as long as you don't share the computer with others.

4. Turn on two-factor authentication

For example get a text or code when you log in, to check you are who you say you are.

5. Use the latest versions of software, apps and operating system on your devices

6. Turn on backup

Visit <https://www.ncsc.gov.uk/cyberaware/> for more information and instructions about any of the things above and remember as they used to say on 'Crimewatch' – don't have nightmares, but you should be aware.